



Newcomer Phase (first 28 days)

Curfew is 10:00 pm Sunday to Thursday - 12 am Friday and Saturday. You cannot spend the night away from the house. Your guests must leave by your curfew.

Must have written verification of attendance to 5 recovery meetings a week. IOP and Sponsor meetings will be considered as part of this requirement.

It is required that you have a Sponsor within the first two weeks. Must be willing to provide proof that you are meeting with them.

Must obtain employment, minimum 20 hours per week. If you cannot work, and are financially stable, community service is required. Will consider exceptions for physical disabilities.

House Meetings are mandatory. NO EXCUSED ABSENCES. Active participation in house meetings is the foundation of a peer-supported house.

Maintenance Phase

Must complete all stipulations of Probation Phase. Must petition House Members to transition into Maintenance Phase.

Curfew is 12:00 am Sunday to Thursday and 2:00 am Friday and Saturday. You may spend 3 nights away from the house per week. Upon request, House Members may grant additional nights away. Approval from House Members is required for your guest to stay the night; this counts as a night out.

Must attend 3 Recovery Meetings per week and continue working with a Sponsor. You may be asked to provide verification.

Continue to actively participate in the house and support other House Members. No more than 1 excused absence from House Meeting per month. Unexcused absences are grounds for eviction.

Failure to maintain \$0 balance on rent could result in return to Newcomer Phase.



House Rules

Use of drugs or alcohol is an immediate eviction from the house. This includes anabolic steroids. In rare situations, House Members may allow evicted member to stay the night. This is in effort to avoid them posing a danger to him-self or others. All belongings not removed after 72 hours, will become property of Southern Care.

Pay rent on time before house meeting. Failure to pay rent on time or having a negative balance for any reason may result in return to Newcomer Phase. Being 2 weeks total behind on rent is grounds for eviction.

Disruptive behavior is grounds for eviction. Your behavior is an indication of how you are adjusting to sober living. If your behavior becomes harmful to the well-being of other House Members, you may be asked to leave.

House Members will be refunded deposit under the following conditions:

1. Will be eligible after six months of residency.
2. Must leave on good terms, providing 14 days written notice to Southern Care staff.
3. Room must be clean and free of damage.
4. Must have a \$0 balance on rent or fines.
5. Deposit will be returned to address provided, within 30 days of departure.

No smoking in the house.

No pets allowed.

Must complete weekly assigned chore. Incomplete chore could result in a consequence determined by House Members.

Keep bedrooms clean and picked up at all times.

Dishes or personal belongings are not to be left in common areas. This could result in a consequence determined by House Members.

You are responsible for your guests and they may be asked to leave if they are disruptive.

Children are welcome, but please limit visits to 2 children at house at one time.

Be a good neighbor. No loud music outside. Yard must be kept up at all times. No un-plated or non-working vehicles to be kept at house.

Respect each other as individuals. No taking or using of personal items that are not yours. **This includes food.** Stealing is grounds for eviction.

No illegal activity at or away from the house. This is grounds for eviction.



Entry Policy and Procedures

Must be free from dangerous withdrawal symptoms. Completion of detox or treatment is preferred.

Applicants must submit to drug and alcohol screening. Results will be used in determining entry into House.

Must be willing to work a program of Recovery. Sober Living is just a tool to help with adjusting to life in Recovery.

A refundable deposit of \$150 and minimum first week's rent due at time of move in. Weekly rent is \$150, paid a week in advance. Will consider special cases.

Must be willing to accept personal responsibility for your actions and actively participate in the house.

Southern Care staff will conduct an interview and decide entry.

Expulsion Policy and Procedure

Southern Care staff will determine expulsion. House Leaders can only recommend expulsion.

Re-entry into Southern Care house will be determined on a case-by-case basis. Must demonstrate willingness to return to Recovery before being considered for re-entry.

Examples are:

- Provide verification of recovery meeting attendance and meeting with a Sponsor.
- Completion of treatment or detox.
- Deposit will be honored if, within 30 days of expulsion, you commit to returning.
- Placement will be based on availability.

Other Policies and Procedures

House Leaders are there to support members and provide accountability. They do not determine the house rules or govern the house. They must adhere to the same house rules as other members.

Members must submit to random UA and alcohol testing.